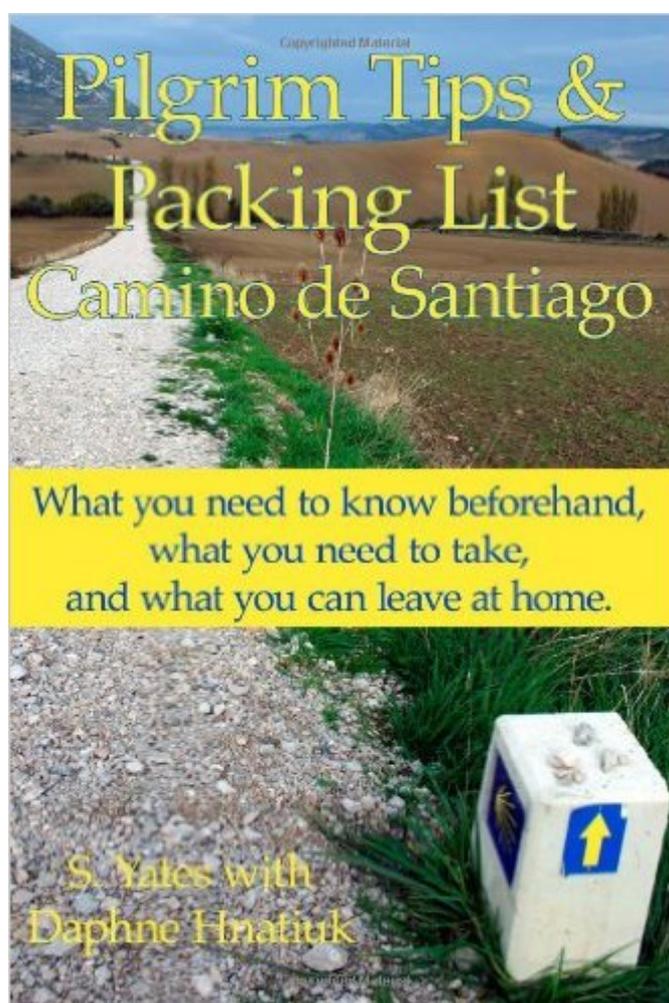


The book was found

Pilgrim Tips & Packing List Camino De Santiago: What You Need To Know Beforehand, What You Need To Take, And What You Can Leave At Home.



Synopsis

You have seen the movie, you have read all the novels, now you want to walk *the Way* yourself - the Camino de Santiago. But you have questions, many questions: What does the daily life of a pilgrim actually look like? How big should your backpack be and do you need xyz? What is the best time to walk the Camino? Is it dangerous to walk alone, especially as a woman? What about the dangerous dogs you have heard so much about? Are there gender-separated showers and toilets in the pilgrim hostels? And when nature calls when you are on the trail, will there be outhouses or not? How can you prevent blisters and other health problems? Will you find enough places to buy food from or restaurants to eat in? And what about if you are vegetarian - will you find adequate food to keep you going? Do you need to speak Spanish to walk the Camino? Do you need to be religious and / or baptized to do The Way? Where does the Camino start and how long does it take to walk *The Whole Way*? And, and, and ... If these are your questions, then this book is for you. Read about what you need to know beforehand, what you need to take, and what you can leave at home - which is the most important bit! Read about how to prepare for the Camino de Santiago in a book written by two experienced pilgrims and hospitaleras that, between them, have walked more than 10,000 km / 6,000 mi on European pilgrimage routes in Spain, France and Italy and have looked after, over the years, ten thousands of pilgrims in over twenty different refugios (pilgrim hostels). Some of the many topics covered in this book are: Introduction into the daily pilgrim life - So that you know what to expect and what not. Movies like *The Way* are not always true to reality ;-). Which way and when? - Choosing the right Camino for you, and yes, there is a choice! And choosing the right time to go, plus many insider tips on how to experience a somewhat quieter Camino, even in the midst of the pilgrim season. A detailed explanation of the few things you need to take, where best to buy them and what to look out for when buying them. And a longer list of things you don't need to take and the reasons why. A lot of practical background information covering pretty much every aspect of the pilgrim life. Plus pilgrim stories out of our real life experience to make it a more entertaining read and a large appendix with many useful addresses and texts. Also included is a free download link to a template that will allow you to create your very own, personalized packing list for your very own Way. If you are still unsure if this is the book you are looking for - just use the *Click to look inside* function here on to get a good impression of it. In all cases, we want to wish you a *Buen Camino!* - A Good Way! And yes, you will pick up a few essential Spanish pilgrim terms in this book also ...

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Customer Reviews

Yates and Hnatiuk's guide, *Pilgrim Tips & Packing List Camino de Santiago: What you need to know beforehand, what you need to take, and what you can leave at home.*, is very helpful, practical, and down-to-earth. It is not, technically, a guide to the Camino. It does not suggest routes, or recommend facilities, or give distances and altitudes. Rather this is the guide you need to prepare for the trip. Read this when you're ready to start buying equipment and before you pack for the trip. The authors walk you through equipment choices, always stressing the desirability of minimizing the weight you carry in your backpack, and encouraging the potential pilgrim to simplify. They also address common concerns about such topics as vicious dogs (don't worry about them!), sleeping in the refugios (take earplugs), what to wear, what to pack, how to pack, and other advice about practical matters. The authors have walked the Camino multiple times, as well as done volunteer work with pilgrims. It's very clear that they know whereof they speak in this book - you really get expert advice. The authors have a sense of humor about the Camino that is refreshing. I particularly enjoyed observations like the following: Here it is advisable to let common sense, the least common of all senses, reign. They also provide a number of interesting, amusing, and illustrative anecdotes about pilgrims. The book is also a great reference guide. Rather than include quickly outdated information, it provides an extensive appendix of useful web sites. Recommended!

I found this guide very helpful because it addresses how to pack, how to choose a backpack, footwear, clothing, and all the other items that will be necessary for the Camino de Santiago. It answers many questions that new folks that want to walk *The Way* would have, like myself. This is

not a guide that will show you which route to take, there are many, or what the mileage is between stages but a more practical guide of "how-to" do the essentials, prepare the items that you will need, and what to expect as you walk. Myths are dispelled and a common sense approach is used throughout the book. I love the little anecdotes from other peregrinos (pilgrims) that are sprinkled though the book. It helps to drive the point home to use common sense and pack light. You could find this information in the many forums that are out there but this book makes it so easy to get that same information that I wish I would have had it when I first started researching. It would have saved me a ton of time. Do yourself a favor and buy it. It makes for a great read as it is very informative but not in a dry manner, as sometimes guides can be. I would highly recommend it to anyone wanting to do their own Camino de Santiago.

800 kilometers (approx. 500 miles) is a loooong way. Lose weight, get in the best physical condition you can, and lighten the load in your backpack. Leave most of it at home; "there are stores in Spain"! One of the best sections is "A typical day on the Camino".

I am preparing to walk a portion of the Camino and found it very useful-- to the point and portable since I have it on my Kindle. Trouble is, I don't have enough time to walk the entire French Way and this book got me fired up to do so. I feel like I'm going to miss a lot.

I found it very informative and helpful to know what to pack and what to leave home, including the tips for weight reduction of the backpack. Her book has answered many questions about when to pilgrimage, where to start, food to take or not take, safety, blister care and prevention, boots and backpacks. The book is all encompassing. She also includes where to apply for the passport for the Camino, and websites to best Camino guides. For me, the stress and concern of walking Camino de Santiago has been alleviated. I feel that I can be well prepared before hand.

The author herself mentions several times that common sense is the least common of all senses. And she should know about common sense, because her book is packed with it. If you've never done any hiking before, the book is more than worth the few bucks it costs to download it. It provides tons of common sense advice that an inexperienced hiker might not think of on his or her own. But if you've already done a hike that lasted three days, you've probably already figured out 95% of what's in this book. I'm tempted to reveal the remaining five percent, but I won't. There are a few really good pieces of advice about the Camino in particular that I

hadnâ™t thought of, and wish I had. Too late now. Iâ™ll remember for next time.

reading for the second time.S.Yates has great insight and a honest concern for those with honest questions about walking across Spain.if after reading her book you still have questions, just ask on her forum.she will answer.if you are thinking of doing ANY overnight hiking, anywhere, READ HER BOOK.

The author's expertise as a frequent pilgrim trekker and refugio volunteer shows through in this book. This book contained the most logical and concise packing instructions out of any book I have read. I will be using the customizable packing lists that were provided when I prepare for my upcoming camino. A+

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